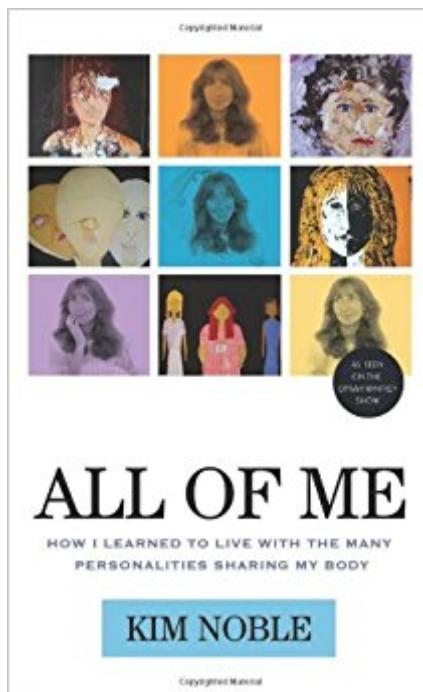


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# All Of Me: How I Learned To Live With The Many Personalities Sharing My Body



## Synopsis

Taking the reader through an extraordinary world where the very nature of reality is different, this personal narrative tells the story of one woman's terrifying battle to understand her own mind. From the desperate struggle to win back the child she loves to the courage and commitment needed to make sense of her life, this account recalls Kim Noble's many years in and out of mental institutions and various diagnoses until finally being appropriately diagnosed with dissociative identity disorder (DID). Described as a creative way some minds cope with unbearable pain, DID causes Kim's body to play host to more than 20 different personalities—from a little boy who speaks only Latin and an elective mute to a gay man and an anorexic teenager. Sometimes funny and ultimately uplifting, this brave illumination of the links and intersections between memory, mental illness, and creativity offers a glimpse into the mind of someone with DID and helps readers understand the confusion, frustration, and everyday difficulties in living with this disorder.

## Book Information

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## Customer Reviews

If two's company and three's a crowd, what's a hundred? Mayhem. In her astonishingly understated biography of life with dissociative identity disorder (DID), Noble tells a few of the more than 100 stories of her life. Born south of London to working-class parents who could not afford proper child care, Kim was left with unfit caregivers who repeatedly and brutally abused her. She gained a reputation as a chronic liar and a discipline problem of the first order. For

Kim, life was a dizzying wheel of inexplicable mysteries as personalities would waltz into and out of her interior life, each making his or her own changes and keeping them a secret from the others. Even the child Kim had was news to other personalities years after her birth. Perhaps most surprising of all is that Kim (who prefers to be known as Patricia, the currently dominant personality) lives a normal life with her 14-year-old daughter. This is the best multiple-personality biography in a long time. --Donna Chavez

"Though I cannot even begin to imagine horrors Kim faced as a child, I am struck that neither the abuse nor its devastating consequences have destroyed this woman's spirit, humor, or capacity to love. [S]he is one terrible, exquisite, and beautiful work of art."Independent "[A] fascinating, moving, and frequently funny life story; we couldn't put it down."Sheerluxe.com "Kim Noble is the . . . gold standard for the extreme end of dissociative identity disorder."John Morton, fellow of the Royal Society and professor at the Institute of Cognitive Neuroscience at the University of London"A remarkable portrait of a fractured world slowly pieced together by a tenacious set of people."Publishers Weekly"[A] powerful memoir . . . deeply moving."Kirkus Reviews "This is the best multiple personality biography in a long time."Booklist

I must admit it did take a while to really get into the different personalities but once it got there it was very interesting. I can't imagine having a child in the midst of trying to figure out what is wrong.

well written. the first part of the book seemed much too long and repetitious, but it seemed to all come together at the end and I realized the why the extra details were needed.I have followed Kim Noble on the internet for years, on Oprah and was anxious to read her book. Kim is an amazingly strong and courageous woman. I wish I could meet Kim Noble.

Extremely interesting and personal look into what it can be like as a DID person. What a generous spirit. Thank you!

I am NOT a reader of books at all. I read an excerpt of this in a magazine and was interested enough to buy it.Once i started, i couldnt put it down. It was such an intriguing read.Well written and interesting all the way through.If you're interested in mental illness or even if you're not, its an

awesome book.

This is an astounding account of a woman whose life was destroyed by babysitters, before she was old enough for her personality to form properly. Very painful to read just how much she had to endure, and adjust to, without even knowing what was really happening to her. A tribute to the capacity of the human psyche to survive, although it obviously was terrorizing to her to find herself in extremely strange circumstances on an ongoing basis. Tragic, and somehow, beautiful at the same time. My heart goes out to her.

What I appreciate the most about Kim Noble's memoir is that it actually accomplishes what it says it will do and avoids sensationalism. She explains her personal story in an engaging way that doesn't rely on tell-all headlines to appeal to reader's sense of freakishness. Her portrayal of DID is her honest experience, not marred by tabloid hooks. For others who live with DID, this book offers a very realistic look at life post diagnosis.

This book was easy to read and well written. The writer managed to convey the dreadful health policies that were around at the time. I worked in mental health Britain and could well believe how she was treated so horrifically by the mental health system. The damage that it did is amazing she is here to tell her story. I was very moved by this story.

I would recommend this to anyone who is interested in the multiple personality diagnosis and the causes behind this. I think the author fought her way through a lifetime of misunderstanding and confusion to come out at the other end with some answers.

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